



Conscious Contact

Information and Inspiration From District 10, NIA

2014 N.I.A. Spring Assembly & Conference

March 28, 29 & 30th, 2014

Holiday Inn Gurnee, Il 60031

Needs Your Help

We need Volunteers to be Greeters, chairs for Alcathon Meetings and groups to host Hospitality Rooms and help at registration table for 2 hour slots. If interested please contact the following people.

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- Written and supported by the District 10 NIA fellowship
- Available in color online in PDF format, print version in B&W at meetings
- Contributions from any alcoholic are welcome. See the last page for details.

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Greeters

Bill V. 847-899-8201
Gloria P. 847-271-3838

E-mail

jreight@sbcglobal.net
paddack69@comcast.net

Alcathon Meeting

Rhonda M/Y. 847-840-6570
Chuck D. 224-220-6455

rmcnear@att.net
draudt@sbcglobal.net

Hospitality Room

Dan L. 847-791-2595
Mark H. 847-204-8161

DanLeep3@aol.com
markharasti@comcast.net

Registration Table

Darlene C. 847-395-1341

darlene@clauson.net

You have to be registered for the conference to volunteer.

Step Two

“Came to believe in a power greater than ourselves could restore us to sanity”

Tradition Two

“For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our Leaders are but trusted servants; they do not govern”



“I am responsible . . .
When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.”

Northern Illinois Area 20
District 10, P. O. Box 854
Libertyville, IL 60048

www.district10nia.org

Answering Service:
847-362-1811

Opinions expressed herein are those of the authors and do not necessarily reflect the thinking of Alcoholics Anonymous, NIA, District 10 or the Conscious Contact volunteers.

2014 NIA Spring Assembly Conference

hosted by Northern Illinois Area, Districts 10, 11 & 12

March 28th, 29th & 30th

AA Speakers

Fri: Doug W., Galesburg, IL
Sat: Jane S., Minnetrista, MN
Sun: Jim M. GSO, N.Y., NY.

- Alcathon
- Workshops/Panels
- Literature
- Archives



AI-Anon Speakers

Fri: Robyne H., Spring Grove, IL
Sat: Ramona C., Chicago, IL

Alateen Speaker

Sat: TBD

- Banquet
- Dance
Must be registered for Conference to attend dance
- Ice Cream Social

Living in Ten, Eleven & Twelve

HOLIDAY INN GURNEE CONVENTION CENTER

6161 W. GRAND AVE.
GURNEE, IL 60031

Located 1/2 mile west of 94 on south side of Grand Ave., Rt. 132

For Room Reservations call (847) 336-6300, ask for the Front Desk and mention "NIA" for special room rate. Hotel registration cutoff is February 28, 2014 12:00 A.M.

Rooms are: \$89⁰⁰/night for Double or King rooms

NOTE: Hotel reservation cancellations must be received 14 days prior to the event, otherwise complete charges will be applied to the card on record.

More information and online registration (PayPal only) is available at: www.niaspringconference.com



Putting your registration fee to good use...

The total cost of this Spring Assembly Conference is paid through your registration fees. We are self-supporting and in the spirit of the Seventh Tradition, we "pay our own way". Attendance is voluntary, but we couldn't put on these events without your financial support.

For more information: AA; Bob P., (630) 258-1887 or Bill W., (224) 456-9455.
AL-ANON; Charmayne Z. (847) 587-4179.

Registration for 2014 NIA Spring Assembly Conference
*One person per form please! You may copy this form. Please print clearly.
On site registration opens @ 4:00 pm Fri. March 28th.

Name: _____
 Address: _____
 City, State & Zip: _____
 Phone: _____
 Email: _____
 Name as it should appear on badge: _____

Please check: AA AI-Anon Alateen Guest
 Special Needs _____

(Hearing, dietary, Wheelchair, etc.)
For special needs information, contact Pete B. @ (312) 203-9509

Please complete all applicable parts of this form.

Make checks or money order payable to:

NIA20 Spring Conference 2014
P.O. Box 142
Antioch, IL 60002

Your cancelled check or PayPal acknowledgement is your receipt

- Conference/ Assembly and Banquet.....\$55⁰⁰
Banquet choices: Beef/Chicken Combo
 Vegetarian
 - Conference/ Assembly only..... \$20⁰⁰
 - Saturday Box Lunch.....\$15⁰⁰
 - Ham Turkey Roast Beef Vegetarian Wrap
- The box lunch consists of Sandwich, Chips, Whole Fruit and Soda*
- Ice Cream Social, Sat. evening.....\$5⁰⁰

Note: Banquet group seating at same table registration forms must be in same envelope. Limit 10 to a table.

For additional registration information contact:
John or Darlene C. at (847) 395-1341.

*Deadline for registration by mail and online: March 20th, 2014

Thought for this issue

I know in my heart that only you can restore me to sanity if I am just willing to stop doubting your power. I humbly ask that you help me to understand that it is more powerful to believe than not to believe and that you are either everything or nothing. (p. 52:2, 52:3, 53:1, 53:2)

AA is the easier softer way.

I am both an alcoholic and a drug addict. My drugs of choice are cocaine combined with alcohol. My problem began at age fourteen and ran rampant through the time I was forty-five. I grew up in a good home with an above average income. I was raised with great morals and values. I was quite spoiled when young and got bailed out of all my troubles making it easy to drink and use for a career length of time.

I enjoyed my life when I was younger but I began running with a bad crowd. I dated a drug dealer for eleven years which made heavy use and accessibility easy. By the time I was in my forties my health began to fail and the fun was surely wearing off. I grew tired, got diabetes and got in a very severe car accident. I had to have my last rites read as I was dying through blood trauma. Even with all the bad things happening around me I could not stop using and drinking. I had no God. My God and idol was God Cocaine and King Alcohol. I was beaten, bruised and broken when I entered "The program". It was mid-winter and I began this wonderful experience by going on my computer to an AA site called "In the rooms." I did this for two and a half months before going to Serenity House in the spring of 2011.

I felt awkward at first but I knew this was the last resort. It was this or death. I was no longer social as I had been isolating for years. I felt filthy and unclean. I wallowed in a dreaded darkness beyond comprehension. I existed only at night for years so daylight was odd to me. I didn't want to be seen in the daylight out of fear that someone would see who I really was: cold and lost and callous. My family (who is everything to me) was ravaged and blackened. I no longer had friends.

Now I could say it's all different. My family is repairing itself. I'm repairing myself through the program and I have a guiding loving God (not cocaine) Ha Ha! My eyes see in a new light. I see beauty in things I could never see. With prayers of gratitude I thank my God for everyone I have in my life and how much good fortune I have. I am slowly beginning to make a few friends and socialize again. This hasn't been easy for me but hey nothing good is! I often hear at the meetings, "Keep coming back." I am a stable happy woman just for today. Amen. Jaci A.

The Clipboard

3/2/2014—Old Timer's Brunch American Legion Hall Wauconda doors open at 9 am \$6

3/22/2014—32nd Annual Tri-County Mini-Conference 3615 Washington Rd. Kenosha, Wi. 8am

3/28-30/2014—NIA Spring Conference Holiday Inn Convention Center Gurnee, IL

3/28/2014—EACYPAA XII Contact: Tamara S. Outreach @ EACYPAAAXII.org. Reg. \$20, Rooms \$125

4/27/2014—40th Annual A.A. Women's Luncheon Crown Plaza Chicago O'Hare \$40 per person

***Serenity House cancelled all 8:30 pm meetings except on Sundays.

Dance at Serenity House on March 15th between 830-11pm.



*Heard At Meetings**"I am into the business of living"**"It is easier to practice total abstinence than perfect moderation"**"You are on the greatest adventure of your life"**Be Part of Conscious Contact*

All alcoholics are welcome to contribute to Conscious Contact. We'd be happy to publish your stories, poems, artwork and cartoons as long as they pertain to recovering from alcoholism. Maximum length is about 600 words. Send your material to:

newsletter@district10nia.org or to

P.O. Box 854, Libertyville, IL 60048.

Help/Support Wanted

Support Needed-New Meeting- "Guided Meditation" - Fridays—5:30pm at the Serenity House, 1103 W. Park Ave., Libertyville—call Chuck D. 224-220-6455

THE GRAPEVINE needs subscribers— only \$28.97 per year—makes a great gift. www.aagrapevine.org Free Shipping

Monday Night Jail Meetings Need Support—Lake County - 7:30pm—volunteer applications are available through Steve G., Gillian McQ.

Support Needed—Condell Hospital "Survivors Bloom" Thursday evening 6:30 pm Open Discussion Meeting, Speaker 1st Thursday of Month.

New Meeting—"Harmony on Wednesday" Shepherd of the Lakes Church 285 Washington St. Grayslake 7 pm Rm #5.

A. A. Contacts

District 10 answering service: 847-362-1811

District 10 Treasurer: P.O. Box 854, Libertyville, Illinois 60048 <http://www.district10nia.org>

NIA Treasurer: NIA Treasurer, NIA Ltd., PO Box 241, Elburn, IL 60119, <http://www.aa-nia.org>

General Service Office: P.O. Box 459, Grand Central Station, New York, NY 10164, <http://www.alcoholics-anonymous.org>

AA Grapevine, Inc.: Box 1980, Grand Central Station, New York, NY 10163, <http://www.aagrapevine.org>

2013 District 10 Officers (Confidential—this information is for A. A. use only.)

Every alcoholic is welcome at District 10 meetings, held on the fourth Sunday each month at St. Gilbert's Catholic Church, 301 E. Belvidere Rd in Grayslake—5:30 Tradition Meeting —6:00pm District meeting. See <http://www.district10nia.org>

A Little Humor

An Irishman who had a little too much to drink is driving home from the city one night and, of course, his car is weaving violently all over the road.

A cop pulls him over. 'So,' says the cop to the driver, 'where have ya been?'

'Why, I've been to the pub of course,' slurs the drunk.

'Well,' says the cop, 'it looks like you've had quite a few to drink this evening.'

'I did all right,' the drunk says with a smile.

'Did you know,' says the cop, standing straight, and folding his arms across his chest, 'that a few intersections back, your wife fell out of your car?'

'Oh, thank heavens,' sighs the drunk. 'for a minute there, I thought I'd gone deaf.'

Confession

A drunk staggers into a Catholic Church, enters a confessional booth, sits down, but says nothing.

The Priest coughs a few times to get his attention, but the drunk continues to sit there. Finally, the Priest pounds three times on the wall.

The drunk mumbles, 'Ain't no use knockin, there's no paper on this side either.'