



Conscious Contact

Information and Inspiration From District 10, NIA

Vol. 11 No. 5
June 2013

- Written and supported by the District 10 NIA fellowship
- Available in color online in PDF format, print version in B&W at meetings
- Contributions from any alcoholic are welcome. See the last page for details.
- Next meeting date: June 23rd, 2013

Next deadline: June 19th, 2013

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"I am responsible . . .
When anyone, anywhere, reaches
out for help, I want the hand of AA
always to be there. And for that: I
am responsible."

Northern Illinois Area 20
District 10, P. O. Box 854
Libertyville, IL 60048

www.district10nia.org

Answering Service:
847-362-1811

Opinions expressed herein are
those of the authors and do not
necessarily reflect the thinking of
Alcoholics Anonymous, NIA,
District 10 or the Conscious Con-
tact volunteers.

I am that Guy

Whenever I am in a new place I like to go to meetings and experience the different faces, formats and surroundings while also feeling at home in a meeting of AA.

So it was a couple of months ago that while in Denver visiting family I went to a Sunday night meeting. This particular gathering had a lot of laughter and chatting going on prior to the meeting starting. (Always a good sign). This also happened to be a "Speak Up" meeting, which means after the lead is given, if you want to comment, you "Speak Up."

As the comments were being shared I heard a fella say something to the effect of "No one gets up in the morning and says I think I'll go to AA and see what's going on".

Well, next thing I know, it was MY voice saying "HEY-I'M THAT GUY".

You see, years before I was told that alcohol was an issue for me, and in spite of being twelve stepped by a family member for years and that I was drinking daily, it's because of a neighbor (also a drinking buddy) that came here, that I'm here today.

I badgered him with questions about what went on, what it was all about what happened. His answers were always "I can't tell you! You have to go see for yourself" Then one day he set the hook and reeled me in with, "You won't believe who's there". That did it. Now I HAVE to go to see who all the drunks are in town!

And that is the honest reason I came to my first meeting of Alcoholics Anonymous in August of 1986. To see who was there.

It's taken me a five year dry spell with no meetings, one relapse of about eight months, (not a requirement) and a conscious decision to get drunk (I was out of town, wasn't honest with my sponsor and No-one will know) to put together eleven years continuous sobriety.

I could not have done it without a loving God that works anonymously in my life, AA and all that comes with living a sober life to the best of my ability on a daily basis.

Because of all that, I AM THAT GUY!

Mark H

Volunteers Needed!

Spring Conference Planning Committee will meet on the 2nd Sunday of the month. The next meeting is: June 9, 2013 at the Joy Lutheran Church on Hunt Club Rd. Gurnee, IL. If you would like to help, please attend the next planning committee meeting.

Step Six

*"Were entirely ready to
have God remove all these
defects of character."*

Tradition Six

*"An A.A. group ought never
endorse, finance, or lend the
A.A. name to any related facil-
ity or outside enterprise, lest
problems of money, property,
and prestige divert us from our
primary purpose."*

After a very rough week I was compelled to soul search a great deal. I have discovered that not all character defects just disappear, we must constantly be on guard of not only ours, but others as well. I have to continue to practice acceptance, patience and tolerance. At the end of the week this came to me to text to a friend in need of support and reassurance.

A common thread exists between us called sobriety, and the will to live. This enables us to feel on a higher spiritual level of existence, provided to us by our higher power, the God of our understanding.

Peace and Sober Love, Julie W.

See U Next Tuesday
presents
Inaugural Golf Outing

Aug. 3rd, 2013 ~ 9am Shotgun Start

Hickory Knoll

24745 W Monville Rd, Lake Villa

\$20 includes 9 holes of Golf with a cart, food & fellowship, Prizes & a Raffle!

All attendees please bring a dish to pass.

- Clubs available for rent -



Don't Like Golf?



Join us for food & fellowship, Only \$5 per person

Contact Paul B. at 847-594-5841 or seeyounexttues12x12@gmail.com with questions or to register.


Limited number of spots available. Register soon!

Archives Open House
@ Serenity House
1103 W Park Ave, Libertyville, IL
Hosted By Miracles Do Happen Group
Saturday, June 8th, 11:30am-3:00pm

For further information Contact
Amy L.
amy@campluckydog.com
847-668-5424
or
Chuck D.
chraudi@sbcglobal.net
224-220-6455

Whenever a society or civilization perishes there is always one condition present. They forgot where they came from. -Carl Sandburg



Our past and beyond... we are responsible for the history and preservation of AA.

Spiritual Kindergarten Group

Meets on Tuesdays at 7 pm at the Crossroads Community Church. Hwy. 137 Grayslake, IL

1st Tuesday of the month is "Service School" which follows the meeting.

Last Tuesday of the month is "Open Speaker and Anniversary Celebration"

Special Needs Survey

The District 10 Special Needs Committee would like to hear from each Group regarding their specific needs that falls under the Special Needs heading.

While we understand that we are here to serve the Groups and provide information, we would like to request information so we know how best to assist and what information we can provide.

We would appreciate if you could discuss this at your Group and return the survey to your GSR.

Thought for this Issue...

" I now ask: Am I willing to live a life of sobriety, of change, to let go of my old self? I must determine if I am truly ready to change?" Do I know at long last that I cannot save myself?

Serenity House Events Libertyville, IL

First Sunday of the month @ 2:30 pm: "Sunday Movie Matinee."

June 2nd: "Days of Wine and Roses."

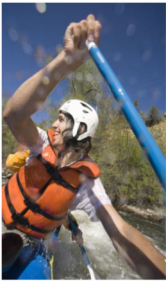
\$2.00 per seat Popcorn and soda available at the concession table

Last Sunday of each month: Anniversary Roast

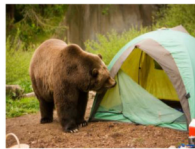
Do you know someone that has an anniversary this month or coming up? Get some friends together and "Roast" the person with a little celebration. It could be a sponsee, a sponsor or just a friend.

Serenity House will provide the anniversary cake. Start time for the "Roast" is 6:30 pm

**26th Annual Wolf River - Nicolet Camping Getaway
2012**



**Another Adventure
in Sobriety!**



At Bear Paw Outdoor Adventure Resort & Campground
2nd Weekend in August

Hosted by: Jeff & Susan Swanson

Saturday Night Open Speaker Meeting & Bonfire: Pete T (Grayslake, IL)

Dates: August 9-11, 2013

Address: Bear Paw Outdoor Adventure Resort & Campground

N3494 Hwy 55, White Lake, WI 54491 (Jamee Peters 715-882-3502
or info@bearpawoutdoors.com)

Rustic campsites, rustic cabins, cottages, volleyball court, biking & hiking trails,
showers are available and much more!

Camping & rustic cabins = \$8.00 per person per night

Cottages: 2-4 person = \$85.00 per night; 6-8 person = \$185.00 per night

Celebrating Sobriety 2012 T-Shirts = \$17.00 (S-XL); \$19.00(XXL)

Celebrating Sobriety 2012 Hoodie's = \$27.00 (S-XL); \$29.00(XXL)

T-shirts & Hoodie's must be pre-ordered. Contact Jeff (847-456-0134) or Susan (847-682-0459) by July 15th 2013

**To reserve a cottage, campsite or rustic cabin, contact Bear Paw
direct - availability for cottages are limited**

Come to Bearpaw to enjoy the serenity & beauty abound!

The Clipboard

Calendar for 2013— District 10, NIA 20

See information for these and other events at: <http://www.district10nia.org/Clipboard/events.pdf>

June 15, 2013—Summer Assembly Hosted by D-12, Church of the Holy Spirit 400 E Westminster Lake Forest

August— 23-25 2013 Illinois State Conference Schaumburg, IL

October 26th— 2013 Big Book Conference Montgomery, IL \$15

July— 2-5, 2015—AA International Convention Atlanta, Georgia www.aa.org



Heard At Meetings

H.A.L.T.: Honesty, actively, Lovingly, Tolerant

Success and Failure are always temporary

I can only be a victim once, after that I am a volunteer!

I'm here because I'm not all there

Be Part of Conscious Contact

All alcoholics are welcome to contribute to Conscious Contact. We'd be happy to publish your stories, poems, artwork and cartoons as long as they pertain to recovering from alcoholism. Maximum length is about 600 words. Send your material to:

newsletter@district10nia.org or to P.O. Box 854, Libertyville, IL 60048.

Help/Support Wanted

Support Needed-New Meeting- "Guided Meditation" - Fridays—5:30pm at the Serenity House, 1103 W. Park Ave., Libertyville—call Chuck D. 224-220-6455

Meeting Time Change Notification—Gurnee Community Church—"Here's How" Tuesday night meetings will be held at 7pm instead of 8pm starting October 1st.

THE GRAPEVINE needs subscribers— only \$28.97 per year—makes a great gift. www.aagrapevine.org

Monday Night Jail Meetings Need Support—Lake County - 7:30pm—volunteer applications are located under "Committees" on the NIA website. Great opportunity for service work. Young people are encouraged to participate. Contact Gillian 847-986-4266

Support Needed—Condell Hospital "Survivors Bloom" Thursday evening 6:30 pm Open Discussion Meeting, Speaker 1st Thursday of the Month.

Volunteers Needed! Spring Conference Planning committee meeting is at 2 pm May 12, 2013 Waukegan Alano Club

A. A. Contacts

District 10 answering service: 847-362-1811

District 10 Treasurer: P.O. Box 854, Libertyville, Illinois 60048 http://www.district10nia.org

NIA Treasurer: NIA Treasurer, NIA Ltd., PO Box 241, Elburn, IL 60119, http://www.aa-nia.org

General Service Office: P.O. Box 459, Grand Central Station, New York, NY 10164, http://www.alcoholics-anonymous.org

AA Grapevine, Inc.: Box 1980, Grand Central Station, New York, NY 10163, http://www.aagrapevine.org

2013 District 10 Officers (Confidential—this information is for A. A. use only.)

Every alcoholic is welcome at District 10 meetings, held on the fourth Sunday each month at St. Gilbert's Catholic Church, 301 E. Belvidere Rd in Grayslake—5:30 Tradition Meeting –6:00pm District meeting. See http://www.district10nia.org

2013 Illinois State AA Conference
 August 23-25, 2013
 Hosted by Northern Illinois Area, Districts 22 & 23

HYATT REGENCY SCHAUMBURG
 1800 East Golf Road
 Schaumburg, IL 60173
 https://resweb.passkey.com/go/ILStateAA

1-888-421-1442
 Conference Room Rate \$89
 Mention Illinois State AA Conference 2013

Our Solution in Action

AA Speakers
 Friday – Debra B. (Madison, WI)
 Saturday – Jack G. (Huntington Beach, CA)
 Sunday – Mary D. (GSO Staff) & Trustee's Report

Al-Anon Speakers
 Friday – Eric S. (South Elgin, IL)
 Saturday – Beverly B. (Lewisville, TX)
 Alateen – Katie R. (Elgin, IL)

Alcathon Al-Anon Alateen Dance

For more information, contact:
 Larry S. 847-702-1952 or Allen J. 630-830-6145
 Al-Anon contact: Colleen H. 224-629-6453

Groups that wish to sit together must register together (8 per table)

Call the Conference Special Needs Chairperson, 847-271-4417, no later than two (2) weeks before the conference if an interpreter is needed.

MAKE CHECKS or MONEY ORDERS PAYABLE TO: 2013 Illinois State Conference
 SEND CHECKS TO: Illinois State Conference, P.O. Box 894, Elgin, IL 60121

PLEASE PRINT CLEARLY
 Name _____
 Address _____

AA Northern Illinois Area 20
2013 Big Book
Conference
"Rocketed into the Fourth Dimension"

St. Luke's Church
 63 Fernwood Rd.
 Montgomery, IL 60538

October 26th 2013

Laurie L. – Guest Speaker – Lisle, IL
 Laurie is the daughter of Ruth Hock who was AA's first secretary

Surprise Guest Speaker
Four Al-Anon Breakout Sessions Available
 Friends and Family of Alcoholics Welcome! Please Register

Hotel Rooms at Reduced Rate are available for \$85.00 a night
 (Must book room before 10/01/2013 and mention the Big Book Conference)
 Holiday Inn Express & Suites 2055 Wiesbrook Dr. Oswego IL 60543 630-844-4700

For Questions or Volunteer Opportunities Email or Call
 BigBook2013@aol.com Michelle H. 630-639-8366 Dan L. 630-913-8888

Please fill out completely. All information is strictly confidential and used only for verification at check-in or if there is a problem with registration, payment, or special needs accommodations.

First Name: _____ Last Name: _____
 Phone: _____ Email: _____

\$15 Registration only \$20 Registration + Lunch Buffet (vegetarian options available)

Please select one: AA Al-Anon Other _____ (i.e. water, need call professional)

Special Accommodations Spanish Interpreter Sign Language Other Accommodations _____

Send Registration and Checks Payable To:
 2013 Big Book Conference, P.O. Box 612, Montgomery, IL 60538
 Mail in Registrations must be received by 10/10/2013
 (Please Do Not Mail Cash)
 or
 Online Registration available at http://dist62.aa-nia.org (additional \$1.50 fee for online payments)