



# Conscious Contact

Information and Inspiration from District 10, NIA

## 2019-20 District 10 Officers, Committee Members

At the Sept. 23 District Meeting, the following people were elected to serve a two-year term beginning Jan. 1, 2019. The word "OPEN" indicates positions that were not filled. Any A.A. member can volunteer for an open position by indicating that at a monthly District meeting.

Vol. 17, No. 11  
November 2018

- Next District Meeting Sunday, Dec. 9
- Submit content for the next issue no later than Nov. 15

Any member of AA may contribute content for this newsletter. Page 4 includes information on how to submit content for publication.

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"I am responsible . . .

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

Northern Illinois Area 20  
District 10, P. O. Box 854  
Libertyville, IL 60048

www.district10nia.org  
www.aa-nia.org  
www.aa.org  
www.aagrapevine.org  
Answering Service  
847-362-1811

Opinions expressed herein are those of the authors and do not necessarily reflect the thinking of Alcoholics Anonymous, NIA, District 10 or other Conscious Contact volunteers.

Position	Chair	Alternate
DCM	Kevin A.	OPEN
Secretary	Tom K.	OPEN
Treasurer	Janet J.	OPEN
Accessibilities	Rachel B.	Dave H.
Answering Service	Victoria H	OPEN
Archives	Steve R.	Peter S.
Bridging the Gap	Carl S.	Cori S.
Corrections	OPEN	OPEN
C.P.C.	Terri G.	Christina H.

Position	Chair	Alternate
Directory	Kim C.	OPEN
Events	Andrea M.	OPEN
Grapevine	OPEN	OPEN
GSR Contact	OPEN	OPEN
Literature	Kim T.	Robin B.
Newsletter	OPEN	OPEN
Public Info.	OPEN	OPEN
Treatment	OPEN	OPEN
Website	Charles K.	Sporty Rob S.

## Consider Making a G.S.O. 'Birthday Contribution' This Month, A.K.A. 'Remember November'

A reminder during this month of Thanksgiving that A.A. members can express gratitude for their sobriety with a "Birthday Contribution" (formerly "Remember November") to the A.A. General Service Office (G.S.O.).

Some members contribute a dollar for each year of their sobriety, while others give a penny for each day of their sobriety — the amount is up to each individual; however the G.S.O. cannot accept more than \$3,000 per year from any one member.

### Make Your Contribution Today, So Your Sobriety Will Reach Around the World

Region. Country. World.  
"I want the hand of AA always to be there..."



**NOTE:** Northern Illinois Area 20 prefers that individual groups contribute directly to the G.S.O. so that the Area 20 treasurer is not burdened with this task.

Birthday contribution envelopes are available at no charge from G.S.O. (FR-2 for group contributions, and FR-5 for individual members), or birthday and recurring contributions can be made on G.S.O.'s A.A. website at <https://www.aa.org>.

#### Step Eleven

"Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out."

#### Tradition Eleven

"Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films."

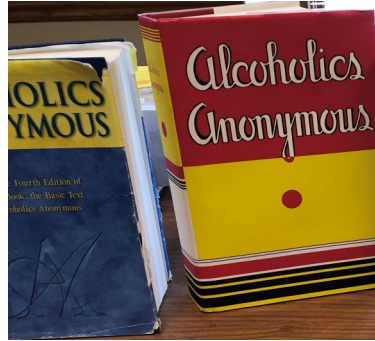
## Area 20 Delegate Robert S.'s Letter About a New Edition of the Big Book

*At the recent Northern Illinois Area 20 Fall Assembly, a vote approved a motion to send the following letter to the A.A. General Service Board regarding a new edition of Alcoholics Anonymous, the "Big Book."*

To: Patrick C.  
Conference Coordinator

From: Robert S.  
Delegate, Panel 68, Area 20  
Northern Illinois

Re: 2019 General Service Conference Agenda



Dear Patrick:

Welcome to your new assignment as Conference Coordinator. I hope that you find this assignment to be a good experience for you.

I am writing on behalf of the Bourbonnais Terrace Group (District 52) and Area 20, Northern Illinois. We are requesting that the Trustees Literature Committee place the following on the agenda for the 2019 GSC:

That work begins on the development of a fifth edition of the book Alcoholics Anonymous.

The Bourbonnais Terrace Group passed a motion to bring this to the Area Assembly. It was brought, as a motion, to our Area Assembly on September 15th, 2018 and passed unanimously.

### Background

The editions of the book Alcoholics Anonymous have been published in somewhat regular intervals:

The first edition was published in 1939,

The second edition 16 years later in 1955,

The third edition 21 years later in 1976

The fourth edition 25 years later in 2001

If work was begun now we would expect to see the fifth edition in 2020 or 2021, 19 to 20 years since the last edition first came out.

Respectfully;

Robert S.

Panel 68, Area 20 Delegate

# AA GRAPEVINE

The International Journal of Alcoholics Anonymous

## At Wit's End

### From the mouth of an angel

Sponsee: My wife really gave me a piece of her mind last night.

Sponsor: You know, God sometimes speaks to us through our wives.

Sponsee: Wow! I didn't know God used that kind of language!

Terry B., Albany, N.Y.

### Sorry I asked

An old-timer with 40 years of sobriety had a dream. In it, his first sponsor, who passed years before, appeared. The old-timer, seizing the opportunity, asked him one question: "Is there AA in heaven?"

"Well Jim," his first sponsor replied, "there's good news and bad news. The good news is yes, AA meetings are held in heaven. The bad news is, you're chairing this Saturday!"

Marty Z., Palm Bay, Fla.

### Quiet please

A drunk goes up to the counter and shouts, "Hey! Can I have a cheeseburger and fries?"

The woman at the counter quickly replies, "Sir, this is a library."

"Oh, sorry," the drunk whispers, "Can I have a cheeseburger and fries?"

Amardeep S., Brooklyn, N.Y.

Read

Subscribe

Enjoy



**GRATITUDE**

Gratitude unlocks the fullness of life.  
 It turns what we have into enough.  
 It turns denial into acceptance,  
 chaos into order,  
 confusion to clarity.  
 It can turn a meal into a feast.  
 A house into a home.  
 Gratitude makes sense of our past,  
 Brings peace for today, and  
 Creates a vision for tomorrow.

**Step Ten, *Twelve Steps and Twelve Traditions***

Learning daily to spot, admit and correct these flaws is the essence of character building and good living. An honest regret for harms done, a **genuine gratitude** for blessings received, and a willingness to try for better things tomorrow will be the permanent assets we shall seek.  
 Having so considered our day, not omitting to take due note of things well done, and having searched our hearts with neither fear nor favor, we can truly thank God for the blessing we have received and sleep in good conscience.

**Events**

<b>Nov. 3, 2018</b> 8-9 a.m. registration 9 a.m.—4 p.m. conference	<b>NIA Big Book Conference</b> Guest Speakers Mike and Erica M. Cedar Rapids, Ia. Register on line <a href="http://www.bigbookconference.aa-nia.org">www.bigbookconference.aa-nia.org</a>	Bethel Baptist Church 1196 N. Academy St. Galesburg, IL 61501
<b>Nov. 3, 2018</b> 7-11 p.m.	<b>Round Lake Area Alano Club Halloween Party</b> Food, fun, kids costume contest and more! \$5 donation., Escape Room raffle.	Lake Villa Community Center 37850 Rt. 59 Lake Villa, IL 60049
<b>Nov. 16-18, 2018</b> On site registration starts Friday, 2 p.m.	<b>29th Annual McHenry Soberfest “Ain’t it Grand”</b> Alcathons, Alanonathons, banquet, dancing, panels speakers, fellowship, literature, meditation room <a href="http://www.soberfest.org">www.soberfest.org</a>	Grand Geneva Resort 7036 Grand Geneva Way Lake Geneva, WI 53147
<b>Nov. 22, 2018</b> 10 -11 a.m.	<b>Annual Open Thanksgiving Gratitude Meeting</b> Fellowship, food, coffee and soft drinks.	Holy Family Church (AKA the Red Door Church) 25291 Lehman Blvd. Lake Villa, IL 60046
<b>Dec. 8, 2018</b> 8 a.m. registration 9 a.m. meeting begins	<b>NIA Winter Assembly</b>	Lord of Life Church 40W605 Rt. 38 Elburn, IL 60119
<b>Dec. 9, 2018</b> 5:30 p.m. Traditions 6 p.m. GSR meeting	<b>Combined November and December District 10 GSR Meeting</b>	St. Gilberts Church 301 W. Belvidere Rd. (Rt. 120) Grayslake, IL 60030

**Words of Wisdom from the A.A. Grapevine & A.A. Literature**

“I am learning how to cope with life, people and situations, not as I want them to be, but as they really are.” — Millburn, NJ, July 1971, “Reality Can Be Uncomfortable,” *Emotional Sobriety II*



<b>Answering Service (Aug. 21 – Sept. 16 Statistics)</b>		<b>Chair: Dave J.</b>	<b>Alternate: Victoria H.</b>
Total Calls	43	Meeting Info	17
Spanish	0	12-Step	4
Solicitor	1	Wrong Number	3
Hang-up	5	Other Districts	6
Will call back	0	Website	0
		General Info	7
		Treatment Facility Info	0
		Halfway House Info	0
		Al-Anon	0

**How to Submit Content to the *Conscious Contact* newsletter**

1. Go to <http://district10nia.org/>
2. Hover over the “District Services and Committees” menu, and then click on the “Newsletter” submenu
3. Provide your name and either a phone number or email so that we can contact you if we have questions. Then type your content and click the “Submit” button.

**District 10:** PO Box 854, Libertyville, IL 60048**Northern Illinois Area:** NIA 20, Ltd., PO Box 524, Crystal Lake, IL 60039-0524**General Service Office:** PO Box 459 Grand Central Station, New York, NY 10163**District 10 answering service:** 847-362-1811**2017-18 District 10 Officers (Confidential—this information is for A. A. use only.)**

Every member of AA is welcome at District 10 meetings.

NOTE: We will have a combined November/December meeting on Dec. 9 at St. Gilbert’s Catholic Church, 301 E. Belvidere Rd, Grayslake.

5:30 p.m. Tradition Meeting, followed at 6 p.m. by the District meeting.

For more details, go to [www.district10nia.org](http://www.district10nia.org).

The article on page 1 includes a list of “OPEN” District committee positions that we are looking to fill for the 2019-2020 period.

Position	Chair	Phone	Email	Alternate	Phone	Email
DCM	Bob P.			Kevin A.		
Secretary	Steve B.			OPEN		
Treasurer	Cori S.			Janet J.		
Accessibilities	Rachel B.			Bill J.		
Answering Service	Dave J.			Victoria H		
Archives	Steve R.			OPEN		
Bridging the Gap	Mike B.			Josh R.		
Corrections	Larry L.			OPEN		
C.P.C.	Terri G.			OPEN		
Directory	Dana T.			Andy H.		
Events	Carolyn G.			Mary A.		
Grapevine	Brandon B.			Angelina K.		
GSR Contact	Kim T.			Earl N.		
Literature	Gaza D.			OPEN		
Newsletter	Tom K.			Mark H.		
Public Info.	Michael L.			Peter S.		
Treatment	Carl S.			Dave H.		
Website	Charles K.			Sporty Rob S.		