



Conscious Contact

Information and Inspiration From District 10, NIA

Vol. 10 No. 5

June 2012

- Written and supported by the District 10 NIA fellowship
- Available in color online in PDF format, print version in B&W at meetings
- Contributions from any alcoholic are welcome. See the last page for details.
- Next meeting date: June 24th

Next deadline: June 20, 2012

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“I am responsible . . .
When anyone, anywhere, reaches
out for help, I want the hand of AA
always to be there. And for that: I
am responsible.”

Northern Illinois Area 20
District 10, P. O. Box 854
Libertyville, IL 60048

www.district10nia.org

Answering Service:
847-362-1811

Opinions expressed herein are those of the authors and do not necessarily reflect the thinking of Alcoholics Anonymous, NIA, District 10 or the Conscious Contact volunteers.

“ACCEPTING CHANGE”

The winds of change blow through our life, sometimes gently, sometimes like a tropical storm. Yes, we have resting places—time to adjust to another level of living, time to get our balance, time to enjoy the rewards. We have time to catch our breath.

But change is inevitable, and desirable.

Sometimes, when the winds of change begin to rustle, we’re not certain the change is for the better. We may call it stress or a temporary condition, certain we’ll be restored to normal. Sometimes, we resist. We tuck our head down and buck the wind, hoping that things will quickly calm down, get back to the way things were. Is it possible we’re being prepared for a new “normal”?

Change will sweep through our life, as needed, to take us where we’re going. We can trust that our Higher Power has a plan in mind, even when we don’t know where the changes are leading.

We can trust that the change taking place is good. The winds will take us where we need to go.

Step Six

“Were entirely ready to have God remove all these defects of character.”

Tradition Six

“An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.”

LOVE SQUARED

Dave & Polly P.

A WEEKEND FOR COUPLES IN RECOVERY

July 27-29, 2012

Rockford, IL

**\$275 per couple includes 5 meals, 2 nights private lodging, 2 amazing speakers=
1 Unforgettable Weekend!**

**Registration information—<https://sites.google.com/site/lovesquaredweekend/>
Contact Nate' (pronounced Natay) 1-847-903-6219**



MMAAC—Midwest Motorcycle Alcoholics Anonymous Convention

June 22, 23, & 24, 2012

Emerald Acres Campground

Pearl City, IL 61062

Exciting AA and Al-Anon Speakers with interpreters for the Hearing Impaired, Free Camping with Hot Showers, Pig Roast, Restaurant On-Site, Alkathons, Campfire Meetings, Fellowship, Entertainment for Kids, Hospitality Area, Nightly DJ or Live Band, Motorcycle Rodeo with Other Field Events, Organized Runs, Tattooists and Merchandise Vendors

Registration online—<http://mmaac.org/>

Thought for this Issue...

“The moment we say “No, never!” our minds close against the grace of God. Delay is dangerous, and rebellion may be fatal. This is the exact point at which we abandon limited objectives, and move toward God’s will for us.”

Twelve Steps and Twelve Traditions, pg . 69

Anniversary!!



Jay D.	6/12—22 Years!
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**25th Annual Wolf River - Nicolet Camping Getaway 2012
“Celebrate Sobriety”**

At Bear Paw Outdoor Adventure Resort & Campground
Hosted by: Jeff & Susan Swanson

Saturday Night Open Speaker Meeting & Bonfire: Carl H

Dates: Third weekend of August (August 17th-19th 2012)

Address: Bear Paw Outdoor Adventure Resort & Campground
N3494 Hwy 55, White Lake, WI 54491 (Jamee Peters 715-882-3502
or info@bearpawoutdoors.com)

Rustic campsites, rustic cabins, cottages, volleyball court, biking
& hiking trails, showers are available and much more!

Camping & rustic cabins = \$8.00 per person per night

Cottages: 2-4 person = \$85.00 per night; 6-8 person = \$185.00 per night

Celebrating Sobriety 2012 T-Shirts = \$17.00 (S-XL); \$19.00(XXL)

Celebrating Sobriety 2012 Hoodie’s = \$27.00 (S-XL); \$29.00(XXL)

T-shirts & Hoodie’s must be pre-ordered. Contact Jeff (847-456-0134) or Susan (847-682-0459) by July 15th 2012

Group camping is preferred to accommodate all who wish to come!

To reserve a cottage, campsite or rustic cabin, contact Bear Paw direct –
availability for cottages are limited

Come enjoy the beauty & serenity of sobriety in the north woods!

The Clipboard

Calendar for 2012— District 10, NIA 20

See information for these and other events at: <http://www.district10nia.org/Clipboard/events.pdf>

June 9, 2012—AA Summer Fiesta– Dinner & Dance—Lake Villa, IL

June 8, 9 & 10, 2012—AA Annual Founder’s Day—Akron, OH

June 16, 2012—NIA Summer Assembly—Aurora, IL

June 29-July 1, 2012—32nd East Central Regional Conference-Grand Rapids, MI



Heard At Meetings

" Keep your acceptance level high and your expectation level low."

Ed S.

Be Part of Conscious Contact

All alcoholics are welcome to contribute to Conscious Contact. We'd be happy to publish your stories, poems, artwork and cartoons as long as they pertain to recovering from alcoholism. Maximum length is about 600 words. Send your material to:

newsletter@district10nia.org or to
P.O. Box 854, Libertyville, IL 60048.

Help/Support Wanted

A.A. Meeting – OPEN A.A. meeting to be held every Thursday from 6:30pm – 7:30pm at the meditation room inside Condell Hospital in Libertyville, IL. The OPEN format will allow us to reach out to Alcoholics and their family members, as well as the doctors and nurses who attend to them. The meeting needs support and an eventual permanent rotation of chairpersons to keep going. Bring literature, speaker leads, Big Book readings to share with the group. All A.A.-related “burning issues” welcome!

Support Needed-New Meeting- “Guided Meditation” - Fridays—5:30pm at the Serenity House, 1103 W. Park Ave., Libertyville—call Chuck D. 224-220-6455

Treatment Center support needed – calling all District 10 groups! Looking to branch out and help in your community? Consider “adopting” a treatment center to support. We currently have almost 2 dozen facilities in District 10 that need the following: speakers for leads, people to drive inpatients to meetings, meeting chairpersons, all A.A. approved literature, cases of Big Books/12&12/Living Sober, general A.A. support. If you and your home group are interested in helping with a treatment facility in District 10, please call Steven B. at 847-769-2812.—**ADDITIONAL help is needed to speak at one of the NICASA groups in Round Lake or Buffalo Grove**

THE GRAPEVINE needs subscribers– only \$28.97 per year—makes a great gift.

Monday Night Jail Meetings Need Support—Lake County - 7:30pm—volunteer applications are located under “Committees” on the NIA website. Great opportunity for service work. Young people are encouraged to participate. Please contact Bill W. at 224-456-9455 for further information.

A. A. Contacts

District 10 answering service: 847-362-1811

District 10 Treasurer: P.O. Box 854, Libertyville, Illinois 60048 <http://www.district10nia.org>

NIA Treasurer: NIA Treasurer, NIA Ltd., PO Box 241, Elburn, IL 60119, <http://www.aa-nia.org>

General Service Office: P.O. Box 459, Grand Central Station, New York, NY 10164, <http://www.alcoholics-anonymous.org>

AA Grapevine, Inc.: Box 1980, Grand Central Station, New York, NY 10163, <http://www.aagrapevine.org>

2011 District 10 Officers (Confidential—this information is for A. A. use only.)

Every alcoholic is welcome at District 10 meetings, held on the fourth Sunday each month at St. Gilbert’s Catholic Church, 301 E. Belvidere Rd in Grayslake—5:30 Tradition Meeting –6:00pm District meeting. See <http://www.district10nia.org> or call one of these committee members for details.

Office	Chair	Phone	Email Address	Alternate	Phone	Email Address
DCM						
Secretary						
Treasurer						
Directory						
Answering Service						
Treatment Facilities						
Public Information						
Professional Comm.						
Grapevine						
Literature						
GSR Contact						
Corrections						
Newsletter						
Archives						
Special Needs						
Events						
Web Site						